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| Forgiveness | * Model forgiveness with students * Working through circles with the students * Building tolerance of others behaviours * Return to school meetings * Treating students the same way after an incident as you did before the incident |
| Perspective | * Debating topics in class * Geography lessons and education around different cultures * Excursions outside of their community to give students exposure to other areas * Cultural awareness activities * Harmony day * Empathy – discussing how might someone else might feel in a situation * Personal reflection – how they were and how far they’ve come * Documentaries on different peoples stories or army * Discussions staff have with students sharing their stories * Outside speakers coming in sharing their view (motivational/Indigenous/business) |
| Leadership | * SRC * Class captains * Modelling * Leadership roles * Trust them more * Give them more responsibility e.g. jobs to the office * Serving lunch/meals to others, or specific roles in the kitchen * Programs they can apply for and then being given roles within their programs * Sport – feeling confident, leading teams * Discussion of leadership qualities and consequences * Building confidence * Speaking at and leading assembly * Following through with what you say as staff and having consistent expectations * Different roles/responsibilities within the classroom (fresh water, role, jobs) * If they have a talent in a particular area they can take on a teacher role in that field |
| Gratitude | * Appropriate manners – please/thank you * Affirmations, gratitude box (consistent for daily) * One thing they are grateful for that happened during the day on the daily sheet * Gratitude tree (on leaves) * Modelling - gratitude |
| Self-regulation | * Modelling * Monitoring sheets * Goal setting - long term/short term goals and steps to achieve it * Little project for each child – e.g. health and fitness consistent with eating * Start somewhere smaller then build up (e.g. not trying to regulate everything at once) * Tracking chart that they can see (in the class/ whole school) visual * Linking with daily goals and tick it off and track it themselves * Topic each term for self-regulation and have anonymous questions and it can be discussed |
| Perseverance | * Sporting match (students vs teachers) * Sticking with things like not giving up on tasks (finish) * Expectations – sticking with programs when you join * Keeping students accountable * Sticking with goals until they are achieved * Making commitments and keeping them * Attendance challenges * General challenges (uniform, lessons) * Class challenges * Having little benchmarks in between – building steps into bigger challenges |
| Social intelligence | * Social skills * Circles * Conflict resolution * Empathy * Interactions with peers * Cross-cultural learning * Sport and team-work * Girls group * Boys group * Class discussions * Mini-drama games scenarios * Understanding different characters * Event specific activities e.g. harmony day * Team-work – class project (give them all a different role so they are all working together on the same product) e.g. a movie * Time challenges as a team – cross with leadership * White ribbon presentations with buddy class |