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| Forgiveness | * Model forgiveness with students
* Working through circles with the students
* Building tolerance of others behaviours
* Return to school meetings
* Treating students the same way after an incident as you did before the incident
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| Perspective | * Debating topics in class
* Geography lessons and education around different cultures
* Excursions outside of their community to give students exposure to other areas
* Cultural awareness activities
* Harmony day
* Empathy – discussing how might someone else might feel in a situation
* Personal reflection – how they were and how far they’ve come
* Documentaries on different peoples stories or army
* Discussions staff have with students sharing their stories
* Outside speakers coming in sharing their view (motivational/Indigenous/business)
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| Leadership | * SRC
* Class captains
* Modelling
* Leadership roles
* Trust them more
* Give them more responsibility e.g. jobs to the office
* Serving lunch/meals to others, or specific roles in the kitchen
* Programs they can apply for and then being given roles within their programs
* Sport – feeling confident, leading teams
* Discussion of leadership qualities and consequences
* Building confidence
* Speaking at and leading assembly
* Following through with what you say as staff and having consistent expectations
* Different roles/responsibilities within the classroom (fresh water, role, jobs)
* If they have a talent in a particular area they can take on a teacher role in that field
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| Gratitude | * Appropriate manners – please/thank you
* Affirmations, gratitude box (consistent for daily)
* One thing they are grateful for that happened during the day on the daily sheet
* Gratitude tree (on leaves)
* Modelling - gratitude
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| Self-regulation | * Modelling
* Monitoring sheets
* Goal setting - long term/short term goals and steps to achieve it
* Little project for each child – e.g. health and fitness consistent with eating
* Start somewhere smaller then build up (e.g. not trying to regulate everything at once)
* Tracking chart that they can see (in the class/ whole school) visual
* Linking with daily goals and tick it off and track it themselves
* Topic each term for self-regulation and have anonymous questions and it can be discussed
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| Perseverance | * Sporting match (students vs teachers)
* Sticking with things like not giving up on tasks (finish)
* Expectations – sticking with programs when you join
* Keeping students accountable
* Sticking with goals until they are achieved
* Making commitments and keeping them
* Attendance challenges
* General challenges (uniform, lessons)
* Class challenges
* Having little benchmarks in between – building steps into bigger challenges
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| Social intelligence | * Social skills
* Circles
* Conflict resolution
* Empathy
* Interactions with peers
* Cross-cultural learning
* Sport and team-work
* Girls group
* Boys group
* Class discussions
* Mini-drama games scenarios
* Understanding different characters
* Event specific activities e.g. harmony day
* Team-work – class project (give them all a different role so they are all working together on the same product) e.g. a movie
* Time challenges as a team – cross with leadership
* White ribbon presentations with buddy class
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